



Circulating

An experience

A place

A symbol

A sign

Honouring women's experiences

Nurturing wisdom in all people

Working for justice in our world

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www.pixabay.com/illustrations (thanks to freeillustrated)



“Women and cats will do as they please, and men and dogs should relax and get used to the idea.”

Robert Heinlein



Message from the Coordinating Team

Dear Sophia Members,

I write this as we have recently moved into the winter season. We have finally had some rain, albeit not nearly enough to yet penetrate into the deeper soil. Farmers have dry sown seed, hoping for good follow up rains that hopefully will materialise soon! Dams along side the freeway are well below what they usually are at this time of year. The Adelaide Hills are still brown, with a slight tinge of green starting to appear following the rain we have had.

I am disturbed to see so many well established eucalyptus trees alongside the freeway dead or dying, leaves all turned brown and crisp. I'm not sure if they will bounce back after some decent rain, or whether they are doomed. We are certainly seeing the effects of climate change; this cannot be denied. Unfortunately we still have the sceptics who espouse that it is all a hoax!

We have had the auditors from Galpins at Sophia recently. All is in good shape, above board and correct, as you would imagine. Jo Cookes has prepared the Financial Report for 2023, ready to be tabled at our AGM next Tuesday, 25 June at 12.30pm. All Sophia members are most welcome to attend.

Roseanne Debats has decided to retire from the Futures Group after an incredible amount of years, well in excess of twenty. Her contributions over this time have been invaluable. She is also stepping down from her long time involvement in the Finances at Sophia after thirty plus years! We sincerely thank you Rosanne for your amazing commitment and dedication to both of these areas that contribute to the smooth running of Sophia. Your dedication has been greatly appreciated and is most admirable! Rosanne will continue to be associated with Sophia but as a participant and fond member.

Eve Rhodes and Jo Cookes will take on the extra work. Thank you to you both.

Maryanne Sanders has recently been for a visit to Taiwan. Fiona Johnston has been to Singapore, to the Outer Hebrides and other parts of Scotland and is currently in Wales. From there she will visit France before

returning home. Wendy Jollands has also had an epic trip, to Switzerland, the UK, Belgium, Spain and Singapore. (Not quite sure if I got the chronology correct!)

Margaret Dickinson, a past Volunteer, Core Group member and Sophia member, had a bereavement recently. Her husband of 63 years, Bernie Dickinson, passed away quite suddenly. Some of us attended the celebration of Bernie's life which was such a moving tribute to a man who live a full and interesting life. Our loving thoughts are with Margaret and her family.

I must say it is good to be back at Sophia after several bouts of ill health over the past six weeks or so. It is a pleasure to share lunches with Volunteers, staff and other Sophia members and reconnect again!

Thank you to Penny, Marian and other regular Volunteers for keeping everything running at Sophia during my absences.

**Best Wishes,
Sophia Vogt & Wendy Jollands
Coordinator & Coordinator Support**

Instagram

You may have noticed that Sophia now has an Instagram account:

sophia.adelaide.92617

If you have any photos of events etc which might be suitable for posting, please send them to: coordinator@sophia.org.au - thank you!





Sophia News

Friends of the Dominican Peace & Sophia Gardens

We invite you to join our enthusiastic group of volunteers for a Working Bee on the second Tuesday of the month to help maintain the beautiful gardens. Delicious morning tea provided. No garden experience necessary!

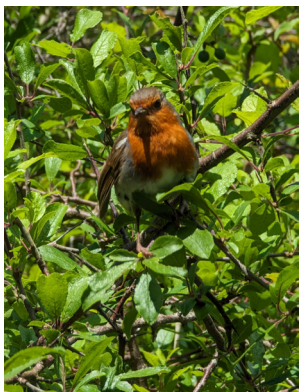
Volunteer Vacancy: Garden

There are some weekly jobs that need doing around the Sophia garden. These include weeding, watering pot plants, raking paths especially under the Grevillea, cleaning and refilling bird baths. If you are interested, please contact the Sophia office. Thanks!



Holidays

Fiona is on holiday overseas and has sent some photos of local birds!



Maryanne has been in Taiwan, fitting into very small doorways!



Gift to ESL children

Alexia & Aimee, Yr.12 Cabra Students made this Play Table as part of their Child Studies program and wanted to give the Play Table to the refugee children who come with their mothers to ESL at Sophia.

Alexia & Aimee, together with other Cabra Students, had previously made "Play Packs" for the children in 2023 .



Men's ESL Group

A men's class has recently started so if you know of anyone who could benefit from this, please let them know. If any prospective students are interested, they can contact Sophia.



Sophia Library

No More Donations, Thank you!

Our storage space is still absolutely full to overflowing and we have nowhere to put any more donations, so please take any unwanted books elsewhere!

Additions to the Sophia Library

Come in and borrow!

How to Think Like a Woman-Four women philosophers who taught me how to love the life of the mind

Regan Penaluna 190.82 PEN

Too Much Lip

Melissa Lucashenko (fiction) A823 LUC

Lost connections-Uncovering the real causes of depression and the unexpected solutions

Johann Hari 158 HAR

Statements from the Soul-The moral case for the Uluru statement from the heart

edited by Shireen Morris & Damien Freeman 305.89 MOR

The Oak Papers James Canton 333.9 CAN

Knowing me Knowing Them-Understanding your parenting personality by discovering the Enneagram

Tracy Tresidder, Margaret Loftus & Jaqui Pollack 155.646 TRE

Peeling the Apple Ursula Clark (poetry) A821 CLA

The Healing Path-A memoir and an invitation

James Finley 150.19 FIN

Soil and Soul-People versus corporate power

Alastair McIntosh 363.7 MCI

We come with this place

Debra Dank 35.8 DAN

Bringing out the best in yourself at work- How to use the Enneagram system for success

Ginger Lapid-Bogda Ph.D 155.2 LAP

The Origin of Satan-How Christians demonised Jews, Pagans and Heretics

Elaine Pagels 229.8 PAG



Afternoon Tea in the Library

Gillian Cichowski, Fiona Johnston, Nel Morrison

Come & enjoy a delicious afternoon tea. Be stimulated by our guest writer (see below) & bring your favourite book to share.

Saturday 17/8 2.00pm-4.30pm

Cost: \$10 Members \$8 All welcome

Dr Kiera Lindsey:



Dr Kiera Lindsey is South Australia's History Advocate at the History Trust of South Australia where she serves as the principal spokesperson on history and South Australian history. She guides the sharing and telling of SA's diverse stories to bring our history into focus and 'give the past a future, now'.

Kiera is also an award-winning 'creative historian' who seeks to integrate different ways of knowing into her work; ranging from Indigenous knowledges to those associated with female wisdom.

Kiera has been enthusiastically exploring such ideas via books and articles, radio and podcasts, film and television, teaching and talking for over twenty years. Her first book, *The Convict's Daughter* was described as 'gloriously unput-downable' while her third book, *Wild Love: The Ambitions of Adelaide Ironside*, Australia's first artist to astonish the world, (Allen & Unwin 2023) has been described as a 'spectacular achievement' as well as a 'mighty feat in both research and the imagination'. In *Wild Love* Kiera follows in the footsteps of the 'wild and enthusiastic' Australian-born artist, Adelaide Ironside (1831-1867), as she draws on the artist's archive to speculate about early European female spiritualism in the Australian colonies, then her mystical explorations in 19th century London and Rome.